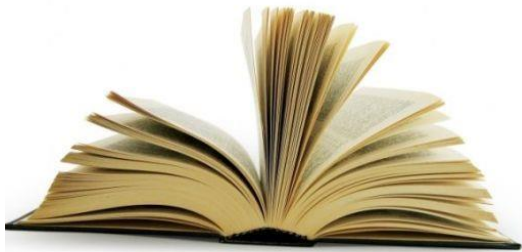


What can we do during quarantine?

A lot of people don't know what they can do during pandemic. They are bored at home. These are my ideas what people can do during quarantine.

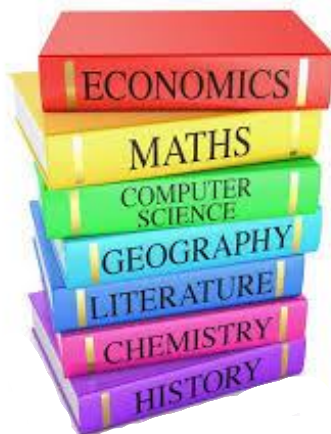
1. In free time people can read books.

It a good idea because when we read, we increase our vocabulary range. We improve our grammatic too. We get to know interesting stories from books and we stop getting bored.



2. When we don't go to school we should learn at home.

During pandemic every schools are closed. Students have lessons online and they must do their homework.



3. In free time we can learn other languages.

It's important to learn other languages. It will help us. We can improve language skills, for example English. It's very important and useful language. A lot of people in the world know English and we can use it in a lot of countries.



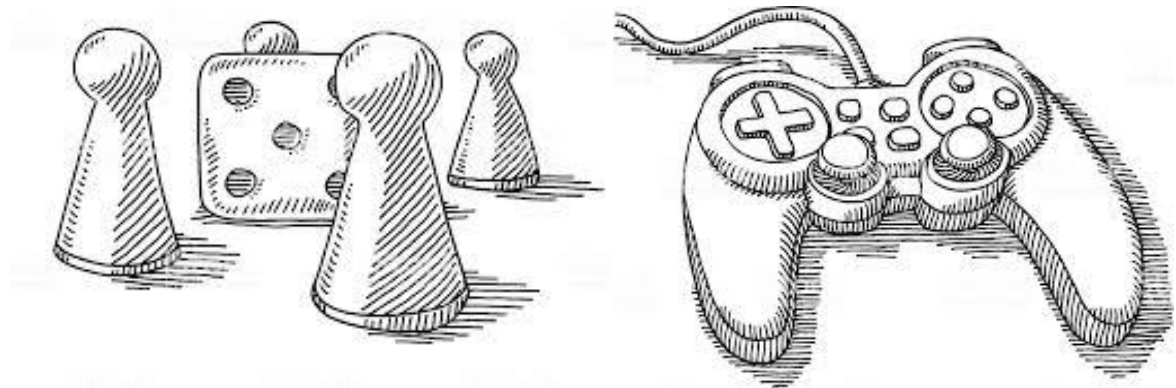
4. During quarantine we can do physical exercises.

It's important to move. When we have to stay at home, we haven't got a lot of motion. We're just sitting on the chair or lying in bed. It isn't healthy. We have to move, for example we can make the same exercises, what we do on PE lessons.



5.When we stay at home we can play games.

During quarantine we can play board games with family members (who live with us). We can play computer games too and we can do it with our friends in internet. Games are good to stop getting bored and a lot of people like it.



6.When we are at home we can watch films.

We can watch interesting stories in films and it will help us to stop getting bored.



7. During quarantine we can talk with friends or family by phone. When we can't visit our family or friends it's a good idea to phone them. It's important to talk with other people. When we haven't got contact with them, we can get "crazy".



8. When we are bored at home we can tidy up. A lot of people don't like it (especially children) but when we have got a lot of free time, why we can't do this?



9.In free time we can do gardening.

It's a good idea to cut the grass or take care of flowers. When we haven't got the garden we can take care of flowers what we have got at home.



10.During quarantine we can learn how to cook.

When we have got a lot of free time we can learn how to cook or how to bake. It will be useful to us someday.



11.In free time we can make our hobby.

When we have got a lot of free time we can make our hobby. It could be playing an instrument, dancing or something else.



12.During pandemic a lot of people make protective masks.

It's important to wear masks now. They protect our lives. A lot of people make masks for hospitals etc.



13.During pandemic we should help seniors and people in mandatory quarantine.

It's important to help other people now. We should help elderly people because they're most exposed to infection. We can do them shopping or something else.



These are my ideas for “survive” quarantine. I hope that pandemic will end soon and we won't spend our free time at home.

Dominika Naczka – 7B 15